

3v2 continuous attack

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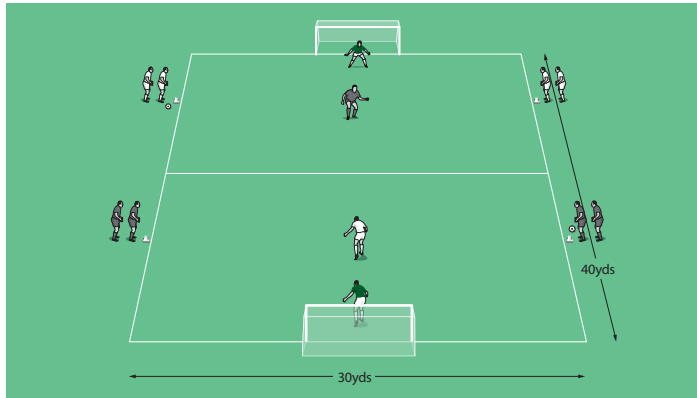


How to play it

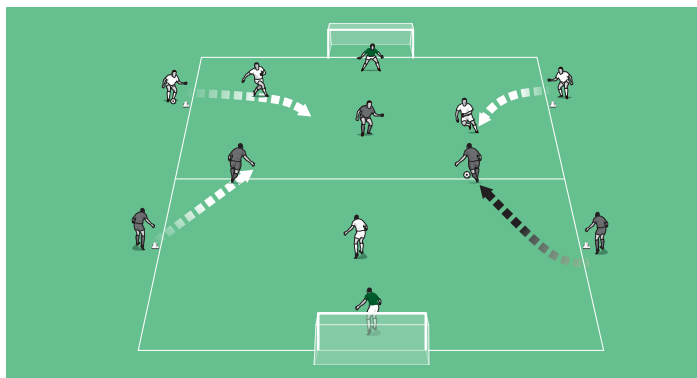
- In this small-sided game, the target man stays in place to help the defenders launch a counter-attack and benefit from a 3v2 overload situation.
- We use 14 outfield players and two keepers in an area measuring 40x30 yards – set up as shown.
- Players are divided into two teams. Each team selects a forward who is always on the pitch, while the remaining players are divided into pairs.
- To start, the ball is served into the black team, who attack in a 3v2 situation.
- Once the attack is completed, the two white defenders make a counter-attack in the direction of the opposite goal. Now this team can combine with their forward for a 3v2 situation against two new black defenders.
- Each time the defenders break out to counter-attack, two new players must take up their positions.

Technique and tactics

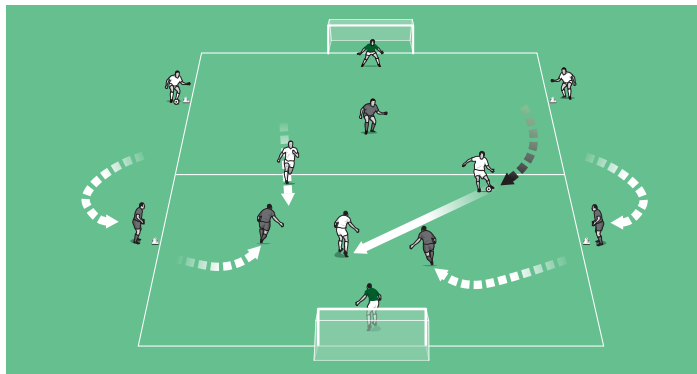
- Players must be quick to switch between attacking and defending principles.
- Team work is essential so good positioning and movement is important.
- This is also a great game for stamina. You're asking a lot of your players in maintaining a high tempo.



The teams select their full-time forwards



The black team attacks 3v2



If whites win possession they counter 3v2 against two new blacks

player movement ball movement
run with ball



COACH KEVIN

