Funny Turns

The Rules

The players start in the diamond with a ball each.

Nominate a player to audition their funny turn. This can be any way they know of turning with the ball, however unorthodox.

The player called dribbles to one of the outside cones and shows a turn that all the others must watch.

If you are happy with the turn then the player dribbles back and all of the players get 1 minute to practice the turn they have just watched.

After the rehearsal the players have to work their way around the clock performing the turn and returning through the diamond at each cone.

The coach and the player that auditioned the turn now become judges and choose the best attempt at the turn as the winner. 2nd and 3rd places can also be awarded.

The winner is allowed to nominate the next audition and can choose themselves if they wish.

Make sure everyone has a chance to audition a turn.

Main Objectives

Turning with the ball under close control.

Set Up

Area: Circle, 10 yards radius

Players:

Equipment: 12 cones, 8 balls

What To Call Out

"It's showtime!"

"Be inventive"

"Keep the ball close"

Progression

Add 1 or 2 defenders inside the circle which the players must avoid while dribbling. The defenders cannot enter the diamond in the centre.

Hint

No matter how easy or hard the turn, give the players lots of praise and encourage them to try different things.







